



## Life Needs Color!

I hand drew each of these designs by myself and turned them into a digital file for you to print and enjoy. Actually, I enjoyed drawing them, so it's a win-win for both of us!

Appreciate the calming effects of coloring with these designs.

Color or doodle on them in any way you want, using any art supply you like: paint, markers, pencil, ink. Try collage – fill in the spaces with colored tissue or bits of other paper. Stitch on them.

The spaces in the designs are fairly simple and open. Try filling them in with more lines.

Do you see faces or animals in the shapes?

What else can you think to do?



### Printing Tips:

For best results, print this page using a laser printer to prevent smudging when coloring, especially if you'll be using markers, paint, or ink rather than colored pencils or crayons.

Consider printing on a heavier paper, such as card stock, to make the page last longer and prevent colors from bleeding through.

If you need help or have any questions, feel free to contact me via [www.LifeNeedsArt.com](http://www.LifeNeedsArt.com)

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